



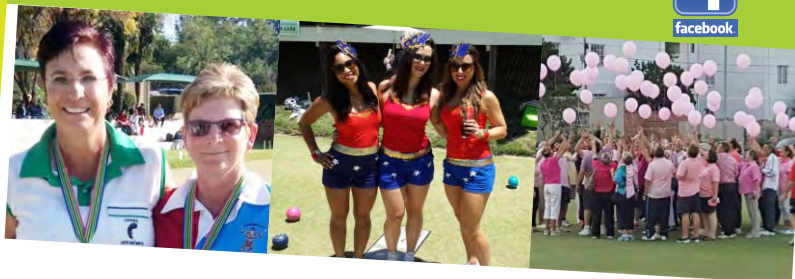
in the news

ISSUE 56 - NOV 2016

WARWICK WEALTH
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WATCH OUT!

HERE COME THE PROTEAS



South Africa's lawn bowls Proteas are not favourites for either men's or women's overall trophies, but will probably be most feared opponents at the World Bowls Championships at Christchurch, New Zealand from November 28-December 11.

The men have not won a gold medal since the whitewash of the world in 1976; the women have done better, with glory at Ayr and in Christchurch; both genders, however, are always in the mix.

The team, plus two coaches/manager leave on 24 November; play begins on 29 November;

their return to SA is scheduled for 12 Dec.

A rampant Australia, hosts New Zealand, Malaysia and the British home nations all pose a huge threat to Protea successes.

The men's event was first held in Australia in 1966 - the outdoor championships; the women's event debuting in 1969. Since then they have been held every four years and from 2008 the men's and women's events have been combined.

Last time, qualifying national bowls organisations were represented in singles and

fours, then again in pairs and triples with gold, silver and bronze medals awarded in each; there are also coveted trophies for the best overall team; Northern Ireland and the Republic of Ireland compete as one.

Now, format sees nations' sides individually qualify for any discipline at Atlantic or Pacific championships, opening finals to more nations - this year no fewer than 34 countries are represented somewhere, as opposed to 24 four years ago.

As I expected, there were no surprises from the SA national bowls selectors, who went

with great skills and experience for Christchurch.

The sides announced by Bowls SA president Kallie Haupt were: Women: Sylvia Burns (WP), Elma Davis (EDB), Nici Neal (SBA), Susan Nel (SBA), Colleen Piketh (JBA); Men: Gerry Baker (JBA), Pierre Breitenbach (NW), Jason Evans (JBA), Rudi Jacobs (NW), Thinus Oelofse (EKB). Head coach: Theuns Fraser (KZN); assistant coach/manager: Jessica Henderson (KBA) accompany them.

Said Haupt, who leaves before the squad to attend WB meetings and make an important presentation to the governing world: "I am delighted with this competent squad. I have always said specialists are required – especially at lead and Burns and Oelofse are ideal selections."

Nel and Piketh played in Adelaide, as did Baker and Breitenbach; Burns (world triples gold medallist) was a non-travelling reserve.

At World Bowls 2012 in Adelaide, Australia, South Africa came agonisingly close to making several play-offs, but in the end it was men's (silver) and women's fours (bronze) who collected medals.

The Leonard Trophy and Taylor Trophy were won by Australia. SA's men ended third behind Scotland; the Protea women ended fifth behind NZ, Scotland and England. Namibia's men finished a creditable 11th with +50 shots – not bad from a nation with about 11 clubs and 450 players.

Dale Budge of the NZ Herald wrote: The Australians look to make up for a disappointing

Commonwealth Games; "We pride ourselves on good results and I guess results weren't what Bowls Australia expected," Aussie star Mark Casey said.

But hosts New Zealand will be a major hurdle, as will be Malaysia and the UK countries.

Nations taking part: Australia, Brunei, Canada, China, Cook Islands, Cyprus, England, Fiji, Guernsey, Hong Kong China, India, Ireland, Isle of Man, Israel, Japan, Jersey, Kenya, Macao, Malaysia, Namibia, Netherlands, New Zealand, Niue, Norfolk Island, Philippines, Samoa, Scotland, Singapore, South Africa, Spain, Turkey, USA, Wales, Zimbabwe.

Alan Simmonds
Media Officer, Bowls South Africa

SMOKING AND ALCOHOL POLICY

The consumption of alcohol or smoking is disallowed on greens or banks at any time. Designated smoking areas have been assigned at each venue. In New Zealand, smoking in bars, restaurants & sporting clubs is illegal.

The no smoking policy extends to accommodation such as motels, hotels & College House. Alcohol may be consumed only within the designated boundaries of the serving area.



DRUG TESTING

Drug Free Sport New Zealand (DFSNZ) will conduct drug tests; athletes are obliged to comply with the requests of DFSNZ representatives. Athletes under 18 must be accompanied to a test by an adult (coach, parent/guardian).

All players on medication are aware of the WADA list of banned and restricted medications (visit WADA website www.wada-ama.org) and complete appropriate Therapeutic Use Exemption (TUE) forms and submit for approval.



WORLD BOWLS CHAMPIONSHIPS

CHRISTCHURCH NZ 2016

The pinnacle event of the bowling world, the World Championships are held every four years.

Top qualifying countries will send their men's and women's teams to Christchurch to decide the World Champions 2016 men's and women's fours, triples, pairs, singles, men's overall Champion Country, and the women's overall Champion Country.

For all the latest news, updates and information on the World Bowls 2016 Series visit www.worldbowls2016.com

TECHNICAL OFFICIALS AT WORLD BOWLS

• Joy Baughan	New Zealand
• Roger Black	Scotland
• Bob Carlson	Australia
• Mark Cowan	Australia
• Alistair Cummings	Scotland
• Trevor Davis	South Africa
• Russell Dawe	New Zealand
• Arthur Gammack	Scotland
• Patricia Gammack	Scotland
• Graham Gibbins	England
• Allan Griffiths	New Zealand
• Pam Hockings	Australia
• Sarah Hope	Australia
• Michael Johnson	New Zealand
• Cath Kinnear	Scotland
• Doug Maconachie	Australia
• Di Milner	Australia
• Ian Munro	Scotland
• Vic Perry	England
• Ken Robbie	Scotland
• John Roberts	Australia
• Daryl Rowley	Australia
• Stephen Sargent	New Zealand
• Mark Schafer	Australia
• Rita Shek	Hong Kong
• Laureen Smith	Australia
• Les Smith	New Zealand
• Helen Stallard	New Zealand
• Angela Thompson	England
• Alan Thornhill	England
• Nick Watkins	Canada
• Mary Watt	Scotland
• Joan Wilson	New Zealand
• Ann Wright	New Zealand



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RULES DURING PLAY AT WORLD BOWLS 16

RE-SPOTTING THE JACK

- If a jack in motion passes completely outside the boundaries of the rink of play, comes to rest in any hollow in the face of the bank, or rebounds to a distance of less than 20 metres from the mat line, the end should not be declared dead. Instead, the jack should be placed with the nearest point of the jack to the mat line at the central 2 metre spot.
- If the spot is partly or completely covered by a bowl, the jack should be placed as close as possible to the covered spot between and in line with that spot and the corresponding spot at the opposite end of the rink, without touching a bowl. Law 56.5.4.

RESTRICTING MOVEMENT OF PLAYERS DURING PLAY

After delivering their first bowl, players will only be allowed to walk up to the head under the following circumstances:

Singles game

- the opponents: after delivery of their third and fourth bowls.

Pairs game (each player playing three bowls)

- the leads: after delivery of their third bowl; and
- the skips: after delivery of their second and third bowls.

Triples game (each player playing two bowls)

- the leads: after delivery of their second bowl;
- the seconds: after delivery of their second bowl; and
- the skips: after delivery of each of their bowls.

Fours game (each player playing two bowls)

- the leads: after the second player in their team has delivered their second bowl;
- the seconds: after delivery of their second bowl;
- the thirds: after delivery of their second bowl; and
- the skips: after delivery of each of their bowls.

At the start of each end, the third in the fours may elect to stand with the skip at the head. All remaining team members must remain at the mat end and move to the head in accordance with the above guidelines.

In exceptional and limited circumstances, a Singles player can ask the marker for permission to walk up to the head, or a skip can ask that a player walks up to the head earlier than described above.

SCORING AT WORLD BOWLS 16

SECTIONAL PLAY

- Three points for a win. One point for a draw;
- No extra ends will be played;
- If points are equal then each section will be decided by the highest net total of shots;
- If positions are still equal, the Controlling Body will divide the total of shots scored against each team into the total shots it has scored. The team with the highest result will be declared the winner.

POST SECTIONAL

All games will be played in knockout format.

OVERALL TEAM CHAMPIONSHIP

The overall team winner in both the men's and women's championships will be declared as the country gaining the most points in the four competitions. In determining the winners, points shall be awarded on the following basis:

- The winner in each discipline shall score points equivalent to the total number of teams competing;
- Subsequent placings in each event shall be reduced by one point for each placing;
- Additional points will be awarded to those countries that compete in the finals of each discipline:
 - 3 points for gold medal;
 - 2 points for silver medal;



- 1 point for bronze medal (losing semi-finalists);
- If points are equal then the country with the highest net total of shots will rank higher;
- If positions are still equal, the Controlling Body will divide the total of shots scored against each country into the total shots it has scored. The country with the highest result will be declared the winner.

A THOUGHT FROM GIFTED "VETERAN" PROTEA SKIP SUSAN NEL BEFORE THE WORLD CUP

"...The Proteas certainly have their work cut out for them at World Bowls in Christchurch. The climate and unpredictable weather, plus the extremely fast greens add to a challenge that has been set by the draw in all four disciplines for both men and women.

We will definitely have to rapidly adapt once we arrive in Christchurch to ensure we are prepared to meet the "old enemy."

Playing at this level, there is no time to say "we still have to get used to it", but must adjust and get stuck in from the first bowl if we want to bring back medals.

The sides selected have the ability and experience to do well, we just need to focus and concentrate - victories will come automatically.

We are fortunate to enjoy a strong management and support system going with us and we definitely appreciate everything they do; we know that they are willing us to play well and achieve results.



At the end of 2012 World Bowls Tournament in Adelaide, Australia the men returned with silver in fours, bronze in singles and the ladies came back with a bronze for the fours, 3 medals in total, we will definitely want to equal or better still, improve on the previous result ..."

TOUGH TIME DOWN UNDER

Hello everyone,

Another year draws to a close, with December festivities almost here. From a bowls point of view, the "big one" is round the corner.

Thirty-four countries have qualified to compete in World Bowls' four disciplines; all will be strongly contested. This tournament is the most prestigious global bowls event and countries spend enormous amounts of time and money in preparing teams. A number of nations is presently playing in the Pacific championships in preparation; some will be in NZ two weeks before the games practising.

South Africa will have to be at their best competing against top professional teams. Our main hope for medals rests with our ladies; hopefully they will improve their (5th) ranking position; our Protea men are third.

SA champions Rudi Jacobs and Trish Young are playing in the World Singles Champion of Champions in Australia during November 2016 (see Round Up this issue) and we wish them good luck.

Bowls NZ in association with World Bowls Ltd hosts a two-day conference just before the event, in Christchurch, on the changing face of sport worldwide and how to best understand this in the context of bowls. At their AGM I will make a presentation on the establishment of an International Bowls Coaching Commission – it's going to be a tough all round assignment Down Under.

I see businesses have already begun decorating shops for the holidays and 2016 will soon be history. With every New Year comes greater challenges and obstacles, but Bowls South Africa can look back at a successful year in managing the affairs of bowls, designing long term strategies and marketing plans to face the challenges of 2017.

Christmas time is about sharing and spending time with family and friends. It is about creating happy memories and no doubt that brilliant winning shot which decided the club or district championships will be a point of discussion.

The executive of Bowls South Africa is grateful to all players, officials and volunteers for their contributions to promoting the game and wish everyone a blessed holiday season.

May there be joy, peace and happiness to last



FROM THE PRESIDENT'S DESK

throughout the coming year.

**Kallie Haupt -
President, Bowls South Africa**

WORLD BOWLS PLAYER PROFILES



JASON EVANS

Place of Birth: Wales, UK
Date of Birth: 06/12/1971

Right handed

Year first started bowling: 1984
Club Name: Belgravia BC

First Major Bowls Achievement:
S.A. Pairs (Gold) - 2006



GERRY BAKER

Place of Birth: Bloemfontein, SA
Date of Birth: 07/10/1960

Left handed

Year first started bowling: 1978
Club Name: Bryanston Sports BC

First Major Bowls Achievement:
S.A. Fours (Gold) - 1992



PIERRE BREITENBACH

Place of Birth: Potchefstroom, SA
Date of Birth: 25/03/1987

Right handed

Year first started bowling: 1978
Club Name: Potchefstroom BC

First Major Bowls Achievement:
North West Singles (Gold) - 2007



THINUS OELOFSE

Place of Birth: Kempton Park, SA
Date of Birth: 05/05/1981

Right handed

Year first started bowling: 1996
Club Name: Brakpan Mines BC

First Major Bowls Achievement:
Botswana Int. Pairs (Gold) - 2004



RUDI JACOBS

Place of Birth: Heilbron, SA
Date of Birth: 16/06/1960

Right handed

Year first started bowling: 1983
Club Name: Heilbron BC

First Major Bowls Achievement:
S.A. Fours (Gold) - 1998



NICI NEAL

Place of Birth: Roodepoort, SA
Date of Birth: 02/03/1970

Right handed

Year first started bowling: 1994
Club Name: Leases BC

First Major Bowls Achievement:
S.A. Singles (Silver) - 2000



SUSAN NEL

Place of Birth: South Africa
Date of Birth: 27/08/1956

Right handed

Year first started bowling: 1990
Club Name: Rustenburg Impala BC

First Major Bowls Achievement:
S.A. Singles (Silver) - 2005



ELMA DAVIS

Country of Birth: Aliwal North, SA
Date of Birth: 01/04/1968

Right handed

Year first started bowling: 1992
Club Name: George BC

First Major Bowls Achievement:
S.A. Masters (Bronze)



COLLEEN PIKETH

Country of Birth: Johannesburg, SA
Date of Birth: 26/12/1972

Right handed

Year first started bowling: 1993
Club Name: Bedfordview CC

First Major Bowls Achievement:
S.A. Masters (Gold) - 2002



SYLVIA BURNS

Country of Birth: Cape Town, SA
Date of Birth: 12-05-1955

Right handed

Year first started bowling: 1993
Club Name: Constantia BC

First Major Bowls Achievement:
West Prov. Masters (Gold) - 2007



Amendment

The Bowls South Africa U/19 Development Tournament to be renamed and played as two separate tournaments, at the same time and venues.

The Bowls South Africa U/20 National Championships will involve District teams consisting of four players of either and/or both gender and who are under the age of 20 years (see age criterion).

The Bowls South Africa U/15 National Championships will involve District teams consisting of four players of either and/or both gender and who are under the age of 15 years (see age criterion).

The criterion seeks to determine the eligibility (age wise) of a player to participate in the tournament is that a person is determined by the age not being attained at the end of the year in question. Thus a player may have reached the age of 15 or 20 years, as the case may be within the year of that particular tournament.

There will be no restriction on number of entries per district and Bowls SA reserves the right to change the number of sections and length of games dependant on entries.

Motivation

Two of the positive aspects with respect to proposed change to what currently known as the U19 Development Tournament will be:

The naming of the tournaments gives more status to the tournaments for recognition of the players by their respective schools and provinces.

The U15 National Championships will allow players to play with their peers in terms of age, mental and physical ability.

CHANGES TO JUNIOR EVENTS AGREED

At the Bowls South African AGM, council adopted that the U/20 National Youth Development Tournament is to be played on two tiers.

The Trophy Tournament will involve district teams consisting of four players of either and/or both gender, and who are under the age of 20 (see age criterion). All matches (i.e. the round robin and knock-out phases) will be played over 15 ends with a time limit of 2¼ hours. (Scoring = 3 points for the game, and 1 point each for a peeled game).

The Plate (Development) Tournament will involve district development teams consisting of four players of either and/or both gender, and who are under the age of 15 (see age criterion). All matches (i.e. the round-robin and knock-out phases) played over 15 ends with a time limit of 2¼ hours (scoring = 3 points for the game, and 1 point each for a peeled game).

The criterion to determine the eligibility (age-wise) of a player to participate in the tournament is that a person is determined by the age not being attained at the end of the year in question, thus a player may have reached the age of 15/20 within the year of that particular tournament.

There will be no restriction on number of entries per district and Bowls SA reserves the right to change the number of sections and length of games dependant on entries.

Motivation

Two positive aspects to proposed change to the U/19 Development Tournament will be:

- The naming of the tournament gives more

status to the tournament for recognition of players, especially at school level.

- The Plate (Development) Tournament will allow players to play with their peers in terms in age, mental and physical ability.

The age categories are in line with other school sports and other bowls national authorities.

Seconded by: Kingfisher

An amendment was received - Proposed by: Bowls SA Executive and seconded by: Limpopo Bowls



Photographs with thanks of the SA Bowls U/19 and U/25 Facebook page

The age categories are in line with other school sports and other national authorities.

The amendment was adopted.

Ekurhuleni Bowls requested their negative vote be recorded.

7.7 By Bowls SA Executive

U/25 Masters and U/25 Inter District tournament

That the cut-off age for participation in the U/25 Masters and U/25 Inter-district tournaments be 30 years and under.

Motivation

These tournaments are designed to identify and nurture potential talent and by extending the age limit the period of maturity is increased which allows a real platform of talent development and in alignment with World Bowls policy.

Seconded by Natal Inland Bowling Association

Two amendments were received.

First amendment: Proposed by: Bowls SA Executive and Seconded by: Port Natal Bowls.

The cut-off for participation in the U/25 Masters and U/25 Inter Districts to be increased to 30 years and under; defined as "a player who reached the age of 30 years within the year of the tournament".

The name of the tournament to be Warwick



Bowls South Africa U/30 Inter District Championships with no change to the naming of the Junior Masters.

Motivation

These tournaments are designed to identify and nurture potential talent and by extending the age limit, the period of maturity is increased, which will allow a real platform of talent development in alignment with World

Bowls policy.

Second amendment: Proposed by: Bowls Gauteng North and Seconded by: Boland Bowls

That age be increased to 35 years.

The second amendment was defeated; the first adopted.

THE YOUNG AND THE PROMISING



BIG FUTURE: Seven U-20 bowlers from Ceres were selected to play for Cape Winelands during the Envar Buys Tournament last month at Worcester. Angelique Mostert, Tiaan Mostert, Maryke Swannepoel, Uren Pieterse, Monray Willschut, Jeronimo Lombaard and Michaela Sym. All the trialists posed for the camera with Boland Protea Anneke Snyman

COUNCIL GIVES NOD TO THE NATIONALS CHANGES

A council decision taken at the AGM saw adoption of format for the 2017 Men's and Women's National Championships:

PAIRS: No change to format and entry fees - sections of six, playing 15-end round robin games on the Saturday and Sunday. First round of play-offs - Sunday afternoon.

FOURS: No change to format and entry fee -

In suitable costume and a large white beard, Fred Kruijs would be just about every child's favourite Father Christmas. A bluff, amiable man from a beloved north-west platteland, his Falstaffian looks belie a keen brain, a serious work ethic and great determination.

Poor health and several operations necessitated his resignation from Bowls South Africa's executive after four dedicated years – but what he did while serving could fill an encyclopaedia.

Frederik Petrus Kruijs began his bowls career in 1991 at Fochville (formed in 1981), where even today heritage and history run deep - a recent big competition between the Boere and the Engels ensures the South African legacy continues; Fochville Bowls Club also attempted a world record (just failing) for ends played over 24 hours.

He is not just "that 70-ish something man from Fochville who plays bowls." He appears to have done it all.

After matriculation, he studied for and was awarded a BCom at Potchefstroom University in 1974 and eventually became head of training and Senior Human Resources Officer at Deelkraal Mine now Kusasaletu Gold Mine, Harmany in 2000 until his retirement in 2006. Before that he spent time at AngloGold (at 4km down), the deepest gold mine in the world) and AngloGold Ashanti (Ghana, 1.5km deep).

His 25 years as an outstanding administrator and technical officials deluxe have earmarked him as a special man in a sport about which he is passionate.

Just about every committee enjoyed and benefitted from his inclusion.

He served on District Technical Standing Committees for eight years (2000–2008) and the BSA Technical Official Standing Committee for eight years (2005–2012).

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Sections of six, playing 15-end round robin games on the Monday and Tuesday. First round of play-offs - Tuesday afternoon.

SINGLES: There will be NO entry fee. Games to be played to 21 shots with four [4] bowls on a KO basis.

(a) A straight draw restricted to 256 open and 128 senior entries with the previous year's finalists given automatic entry. Play to start on the Wednesday and continue on Thursday.

(b) Should entries received by the time the

draw is to be done, exceed 256 (Open) and 128 (Seniors) respectively, a draw will decide participants in each event. The names of those unsuccessful will be retained to replace withdrawals in the order drawn.

One week prior to the tournament a list of the remaining original entries will become defunct. Any withdrawals occurring within that week or during the pairs and fours disciplines will be replaced by a draw made from a list available at each of the pairs venues. Only those participating in the pairs and fours may join the list. The draw is not closed up in the event of a "no show". The opposition shall have a walk-over in the first round.

PLAY-OFFS: Play-offs in all disciplines continue on Thursday (for those not involved in singles), Friday and Saturday, with the finals scheduled for Sunday morning. Entries may dictate a change to the playoff schedules.

FAR MORE TO FRED THAN MEETS THE EYE



"My big passion was umpiring and technical official in general. The highlight of my bowls career was definitely serving on the BSA executive. I thoroughly enjoyed it and being able to put back into bowls everything I got out of it.

"I would like to thank council for the trust they showed in me to elect me; in return, I did whatever I could not to disappoint - I hope I never did.

"Perhaps my most enjoyable time as an executive was spent with the Disability

Standing Committee - the positivity and commitment of all disabled players was both moving and exhilarating."

It should be known he is one of very few to achieve a Level 4 (international standard) umpiring standard – something requiring perseverance and great ability and during his invaluable service on the NSCTO he still found time to become an authority in many aspects of bowls' technical nooks and crannies.

Among them were the involvement in bowls laws since South Africa adopted the World

Bowls Law Book, assisting with:

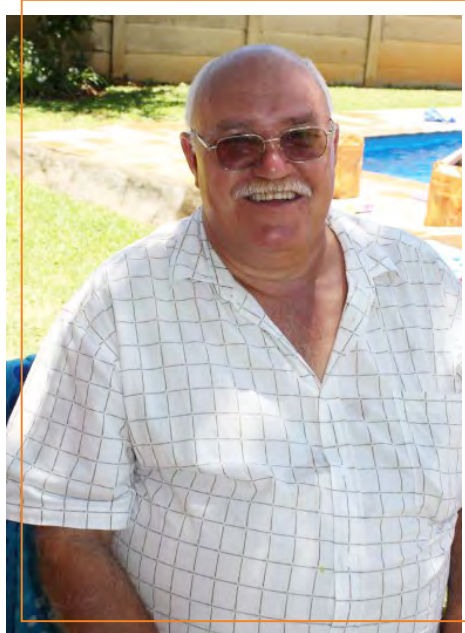
- Changes, proofreading, printing, translation into Afrikaans;
- Changing the Technical Officials Learning Material to Outcome-Based Training;
- Implementation of the "Train the Trainers" Courses to ensure uniform training and standard throughout Bowls SA's 20 districts plus the Level 3 Technical Officials' courses at national level and
- Arranging for technical officials (umpires, markers and flip board operators) to ensure the smooth running of the Warwick Wealth/Bowls SA Masters – an event annually praised for continuity, smooth running and excellent administration.

His international career as an umpire includes SA v Namibia in 2003 at Krugersdorp; World Blind Bowls in 2005 at Johannesburg; African States in 2006 at Alberton, SA vs England in 2009 at The Wanderers; Atlantic Championship in 2009 at The Wanderers and SA vs Namibia in 2011 at Cape Town.

If this sounds like enough, think again.

The bowls workaholic also found time to serve on North West executive for five years; the last two years as most-able president.

What always shone through to me as a journalist, used to dealing with administrative



prima donnas and short-fused minor bureaucrats, was, however, Fred's humility, friendly demeanour and the time, somehow, to deliver anything he promised, right on time. He also possesses that rare trait of being able to listen without interrupting.

Fred has hung up his "official" callipers, his measures and his draw-sheets. I'll let him have the final word.

"I believe I have done my part; there are competent and willing bowlers out there to take over from me. Because of my health problems I must step back. I first must sort out my back and hip problems.

"Moreover, I am keen to spend more time with my family - especially my grandsons – and seek to play and enjoy my bowls without involvement in administration – enough is enough."

Enjoy your "retirement" Fred. All who know you and had the privilege to work with you speak volumes for your character, honesty and diligence.

I would not, however, bet against you being more than a little interested about something in the administration line before long ... but that is another story.

Alan Peter Simmonds
Media Officer, Bowls South Africa

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ONE TO WATCH!



Jannon Eros presenting Khanyisile Nkanyiso from Estcourt his new set of bowl sponsored by a Klipbank Bowling Club member who wishes to be anonymous. Khanyisile is an awesome talented 13-year old who has so much potential. He won his section in champ of champs.

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WINNERS: From left, Lientjie Hardy, Hennie Mentz, Martie van der Walt, Allen Wilson, Cecily Kuhn (Avbob), Lieb van der Walt, with Tommie Louw (president).

R33 000 RAISED FOR CHARITY AT LINDEN

Warwick Wealth sponsored the Annual Winter Tournament at Linden BC, Johannesburg in August, writes Warwick Wealth's Lionel van Niekerk who attended with Natalie Wood, Ryan Field and Chantel Linde. The tournament ran over four Saturdays in a row and R33 000 was raised for charity. Warwick were proud to be a part of this well-attended and organised event. Discovery BC's Protea Morgan Muvhango, Nomatter Muvhango, Kingsley Doig and Marian Lane won, with 34 points of a possible 40.



RUNNERS-UP: Paul Minnaar, Elbe Minnaar, Ben van der Linde; Cecily Kuhn(Avbob), Andrew Oosthuizen, Bets Farquhar and Tommie Louw (president).

BOWLS BONANZA AT SEDIBENG 5S

A highlight on the Sedibeng calendar is the annual Warwick Wealth 5s Tournament played at Meyerton BC. Held over 3rd and 4th

September, it attracted more than 100 players and a good bank to boot, writes, Warwick Wealth's Lionel van Niekerk.



WINNERS: Morgan Muvhango, Nomatter Muvhango, Marian Lane & Kingsley Doig



BOBBY & DUANNE 'LEASE' VICTORY

Down to Sables for Leases BC's Warwick Wealth Annual Classic last month. Played in a singles, pairs and fours format, points were like gold for the top class field. Warwick Wealth's Lionel van Niekerk, Ryan Field and Matthew Young attended. In the end Duanne Abraham, Jason Smith, Jonathan Franks, Bobby Donnelly (a former Commonwealth Games gold medallist; see pic) prevailed from the hot Sables side of Morgan Muvhango, Wilson Molobolo, Colleen Piketh, Rika Lynn.



RUNNERS-UP: They were the host club's Jean Braun, Alan van Dyk (Bryanston Sports) Petrus Ndluli and Abe Landau.

AND NOW FOR SOMETHING DIFFERENT!

Have you ever heard of, let alone played, Bolf? This enterprising Warwick Wealth-sponsored development intervention combination of golf and bowls was played at Meadowridge BC, Cape Town in September, writes Warwick Wealth's Sandy Street. Two greens were converted into an 18-hole links, including bunkers, water hazards and out-of-bounds markers. There was a shotgun start with a half-way house. Great fun was had by all, which concluded with a very different prize giving - most of the 80 competitors won something.



BUSY TIME: On the go at Meadowridge



ACE: Jacko Van Graan "shot" a hole in one; Jacko also tied for third place



LIKE THIS: Instruction time for newbies



SPLASH: Cecile Collins ending up in the water hazard

FRESNAYE LAYS ON TOP SHOW

Warwick Wealth hosted a Midweek event at Fresnaye BC, Fresnaye, Cape Town – a triples event with three skins; points were carried over for the duration, reports Warwick Wealth's Sandy Street. The weather played its part as did the great greens and wonderful vistas (see picture); most participants received prizes. Congratulations to Gerard Holvec who won an all-weather Warwick jacket in a Lucky draw. The top two sides earned cash prizes - Team

Holvec (Camps Bay), Ian Higgins and Monica Wade, with club president Dick Russell (see picture) won with Brian Ikin (Glen), Ken Morton and Chris Baker runners-up. Third were Cedric Jackson, Alfie Lewin and Fred Raad, who each received Warwick bowls shirts. Congratulations to Dick Russell for all the organization and MC Duties. Outstanding snacks from the kitchen; well done.



BETTER: Yves received the most improved player award



WINNERS: Gerhard Holbec, Ian Higgins, Monica Wade and Club President Dick Russell



CHAMP: Elrico Grootboom won with 49 shots

WARWICK WEALTH LIFESTYLE NETWORK

SPONSORSHIP AGREEMENT

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LEVEL	QUALIFYING CRITERIA	SPONSORSHIP	
		ANNUITY AMOUNT	TOURNAMENT AMOUNT
1	12 INVESTMENT CLIENTS	R1,000 PM (R12,000 PA)	2 X R6,000 (R12,000 PA)
2	6 INVESTMENT CLIENTS	R500 PM (R6,000 PA)	1 X R6,000 (R6,000 PA)
3	2 INVESTMENT CLIENTS	R250 PM (R3,000 PA)	1 X R3,000 (R3,000 PA)

INVESTMENT CLIENTS: CLIENTS WITH INVESTMENTS AT WARWICK VALUED OVER R500,000
ADDITIONAL SPONSORSHIP ANNUITY: THE SPONSORSHIP ANNUITY WILL INCREASE BY A FURTHER R500 PM FOR EVERY ADDITIONAL 6 INVESTMENT CLIENTS ACHIEVED ABOVE LEVEL 1.

LEVEL 1 CLUB = R24,000 PA
LEVEL 2 CLUB = R12,000 PA
LEVEL 3 CLUB = R 6,000 PA

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BENEFIT - R500 WILL BE RECEIVED IN THE PREMIER CLIENT'S BIRTHDAY MONTH



WARWICK CLUB SIGNAGE

The benefits for a club being supplied with Warwick signage

QUALIFYING CRITERIA

LEVEL 1 CLUB: 12 INVESTMENT CLIENTS



BENEFITS TO CLUB

AN ADDITIONAL R1,000 PER ANNUM ABOVE AND BEYOND THE NORMAL SPONSORSHIP AGREEMENT.
 WARWICK SIGNAGE IS PROVIDED TO THE CLUB AT NO COST.



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This collation is a set of extracts from NSCC's last four newsletters – the excluded information is available on the Bowls SA website.

Current NSCC Members

The current members of NSCC are shown below, so that we all become faces for you rather than names on various documents!:



Brian Sayce – Convenor (centre), (clockwise from 12 'o clock) Jill Atkinson, John Busshau, Trevor Davis – ExCo Liaison, Susanna van Niekerk, CH Dixie, Graham Mackenzie.

The contact name and details of *your* liaison member are listed in the table at the end of each Forum.

NSCC News

The main news regarding coaching that was handled at the Bowls SA AGM at the end of August, was the SASCOC-managed establishment of the Coaching Association of South Africa (CASA) and the proposed structure. Many years of work have gone in to attempting to have a 'professional' structure for registered coaches, not only to allow a long-term performance pathway for coaches within the various sporting codes, but also as a means of protecting the public who participate in sport. Bowls SA is getting feet its wet slowly as many issues are still unclear. However, as the process progresses, information will be shared with everyone.

The other topic discussed was encouraging all districts to ensure that a DSCC is in place to manage the coaching structure and needs within each district. The responsibilities of such a committee were discussed with the delegates in attempt to provide insight into the needs to appoint an active team within each one of the 20 districts.

Should anyone be interested in viewing the slides of the coaches' contribution, each delegate (usually the District President) has a copy of all the slide files or check the *Coaches Info* cloud space in the *Bowls Newsletter* folder.

NSCC members have been very busy since June – all around the country!

Zone Camps

NSCC would like to thank all the host clubs and their members, the scorers who volunteered over the three days and all the players for their amazing co-operation and dedication during the 6 camps held all over the country. The spirit of comradery, while competing fiercely for points, was a joy to witness and be a part of!



WPB Coaches' Day

On 9 July, 46 coaches gathered at WPC. Dix hosted, what she hopes (☺) was, a fruitful day, with more discussions pending on a number of issues,



to network in local groups. The discussions were numerous and at times vociferous – but everyone seemed to leave with a smile on their faces, motivated to do more.

One of the big successes for Dix was that WPB now has a new SCC up and running and we wish them every success in their endeavours in the future.

Eden Level 1 Course



17 candidates participated in this course in July, with Dix assisting the local facilitators over 2 week-ends. A lovely group of new coaches for Eden!

10 badges will soon be ordered, with the remaining 7 hoping to complete before the end of the year.

Middle T-t-T Course

We struggled to find a date for the final T-t-T of the 2015 series, which was also the roll-out of the updated Level 1 course material. Eventually, we managed to hold this course in August at Ruimsig BC in Roodepoort, with Jill Atkinson, Brian Sayce

and Dix there to share and develop facilitation skills and knowledge of the course materials.

8 candidates from BGN, NFS, North West & Sables attended. Now that the series has been completed,



Jill is waiting with bated breath for notifications of Level 1 (and Level A) courses around the

country. Well done BGN (completed) and Sables (December) for getting straight on with the job!!

NOTE: The 2017 series will be scheduled soon, so watch out for a Bowls SA circular, early in the New Year, inviting new facilitators (via their DSCC) to join the team!

North Level 2 Course

16 Coaches had their work cut out for them at Edenvale BC at the end of August. It was great to have Protea and Inter District players (current and past) at the course, who will hopefully spread the word about players not only relying on their talent to achieve success, but also to rely on coaches to achieve their potential!



All are currently busy with their post-course projects and hopefully we will be able to request their certification by the end of the year.

Eden Coaches' Days

Sedgefield and Hartenbos BCs allowed Dix to host Coach-2-Coach Days at their clubs in September, where 28 coaches (16 & 12 respectively) participated. Topics of interest to the coaches were discussed with ideas shared and plans made.

Now that Eden has a DSCC team to manage the coaching structure and tasks at district level, no doubt the coaches will go from strength to strength in the future.

BGN Level 1 Course

Brian Sayce and Graham Mackenzie assisted at this course in September – 8 candidates were in attendance. Hopefully all of them will enjoy their new task in bowls and qualify before the end of the year! Kudos to BGN DSCC for getting on with the job so soon after they attended T-t-T! Another good thing was limiting the number of candidates to

match the number of available facilitators – **Rule-of-Thumb: 1 facilitator needed per max 3 candidates for all the green work (1:2 is better!), otherwise the candidates lose out!**

Kingfisher Coaches' Day

Jill Atkinson hosted a Coach-2-Coach Day, at the Bell BC in September, for 18 coaches. Many issues were covered in fruitful discussions. Hopefully those 18 coaches feel even more inspired to get out onto the greens to do their coaching and help many players in their area.

Kingfisher Level 1 Course

Kingfisher SCC hosted their annual Level 1 Course at the Bell BC in September.



Jill Atkinson assisted and was impressed with the candidates' engagement at the course. We wish them happy coaching and every success in getting their post-course projects done and their qualifications issued.

Why Upgrade?

Many coaches ask why they should go to the effort and expense of upgrading their qualifications, when many district and even national structures do not appoint coaches to positions or have an established hierarchy where coaches have the opportunity to move up the ranks in a clear hierarchy, based on a transparent policy. This issue has been a problem since coaching started in bowls, despite numerous efforts to rectify this by NSCC and the Bowls SA Executive. This long-term coaches' pathway is something should be well established by now, just as it is for most workers with ability in most organisations. Unfortunately, to date, there are mainly two problems that have inhibited the establishment of this structure – i) policies get written by one District Executive, but are ignored by the next and ii) Bowls SA is only in a position to recommend most practices to districts & clubs rather than force these semi-autonomous bodies to comply.

Until this lack of hierarchy for the appointment of coaches exists, why should coaches upgrade? To answer this question, please answer these two questions: i) Did you improve your coaching knowledge and skills by attending your last coaching course and / or coaches' day? ii) Have you made use of the coaching opportunities you have had since then, to pass this on to players in terms of helping them to be better players in terms of Technical, Psychological, Tactical, Physical &

Lifestyle skills? If your answer to either (hopefully both! ☺) is YES, then these questions have answered your question – the primary value of furthering your knowledge in coaching is to apply it to your coaching *to help players become better and better*. The value is not in what title one may get, bestowed by some hierarchy, but in the work done to the benefit of one's own coaching activities and to the benefit of the players one works with, at whatever level they play at.

In the absence of an established structure of coach-appointments, a coach can find and make opportunities to make improving coaching knowledge very worthwhile and very valuable in achieving an enormous level of satisfaction when his/her players to better and better, at whatever level of play these players choose to play – whether social players or elite, international players. *CH Dixie*

Opposition to Coaching

Why is a qualified coach not used at club / district level? NSCC (and probably DSCCs also) have heard this complaint from coaches over and over again for many years. There is no 'silver bullet' to solve this problem – it takes hard work in a number of ways: find out WHY and do something about it – e.g. marketing what you can do in the right way to the right audience; showing what you can do by doing it; and looking at your own personal actions and communication skills.

First you need to identify the reason (WHY). Secondly, you need to figure out what a plan of action to overcome this, with the clarity of mind to identify things you can change and things you cannot change! – but a plan of action either way. Finally, DO IT!

One of the often heard complaints is lack of support from Club / District Executives. You need to find out WHY! Is it because they don't really know what a coach can offer their players? Your task would be market your skills to them in an assertive manner – never in a submissive, whinging manner or an aggressive, demanding manner as this will only put up their backs.

Another often heard complaint is that the players have no commitment to or interest in coaching. WHY is this? Even social, tabs-in players enjoy their games more when they play better. Also, the more one learns about coaching, the more one realises how the best players in the district can truly reach their potential, but they prefer to merely rely on their base talents and hope for the best! WHY is this? Ask players to answer this question for you, rather than make assumptions and then tailor your action plan to accommodate their areas of concern, which will make your plan easier to sell too!

Sell players and administrators ideas in baby-steps, so that they can deal with just enough information

to make a difference. When I became a coach and started developing all this knowledge about coaching, I could see what could be done for players so clearly, but I tried to do it all at once instead of building it in baby-steps and failed to achieve the grandiose goals I had made! Rome was not built in a day – sell your grandiose ideas in little bits at a time and just keep plugging away, eventually, with hard-work, dedication, positive energy and avoiding brick-walls!

Get out onto the green and do it! You earn respect from players and administrators alike by actually doing it and getting results. Trevor (see Forum 39) started with ordinary club players – many new players who were hungry for success. Now that those same new players are getting to the final stages and even winning district-level competitions, elite district players are also participating and he is even getting calls from players in other districts who have requested his help and who are prepared to travel across the country to receive his help.

A prophet in his/her own country is often ignored – a local coach's abilities are often ignored and underestimated by local players and administrators. It may help to use a coach from another club or district to assist you to get things started at local level, as a guest coach. This does not by any means imply that you are not capable – we all need a little help at times, even the most highly qualified coaches. Ask your DSCC for help to run a coaching event at your club – this is one of the expected responsibilities of DSCCs. If your club / district can support the costs, you could also request coaches from NSCC or the National Academy to assist.

Is this lack of use of the coaching services you are so keen to provide because of something we do? This is the most difficult reason (WHY) to hear, accept and do something about. Often, but by no means always, the coach is not prepared to listen, does not accept the situation and does not see the necessity to change – unfortunately, these people end up ostracised and hurt and become lost to coaching. If you are prepared to change, there is a lot of help available and a lot of this help can be found in the domain of emotional intelligence (EQ), about which much has been written; on the Web, in books (e.g. see Chapters 4 (communication & conflict management) & 8 (foundations of PST) in *Lawn Bowls Coaching*) and journal articles. When talking to people about the problem, remember to be assertive (see Fig 4.1 in the reference book) rather than a submissive, whinging manner or an aggressive, defensive manner – either of these approaches or attitudes merely causes a log-jam in communication and inevitably, an insurmountable brick-wall. Ask the right questions and really listen to the answers – they will be hard to hear, but if you can listen without self-justification, you could learn

something really useful to help you improve both your future life and your future coaching activities so that you can fulfil your potential and make your dreams a reality.

We all hit 'brick walls' in life and coaching is no different. One of the best pieces of advice I was ever given, ever so casually, is this – *when you encounter a brick wall that is merely causing brick-marks on your forehead, stop banging your head and walk around the wall!* If you cannot possibly change a situation find a different way of doing what you are passionate about – e.g. if you want to get involved in training players, find people who are hungry for success rather than trying to coach players who cannot be sold on the idea of coaching – get involved with youth players or new players or players who are keen to break into the district squad; there are many opportunities than initially may meet the eye.

Complaining about something is human – finding out WHY and doing something about it takes courage, dedication, hard work and sometimes taking an alternate route to achieve your goals. *CH Dixie*

Frequently Asked Questions

1. **Do coaches need to wait for a player to ask for help?**
 - In the old days, this was the norm, as coaches did not want to antagonise players by imposing changes on them, that they do not actually want to make – we still advise very strongly against coaching during a game (match or tabs-in).
 - Coaches are more established now and should be pro-active (sell) their services and skills. There is no harm in quietly saying to a player after the game – “I could see why you were playing narrow / struggling with weight / whatever – I can help you with that. Give me a call and we can set up an appointment to meet.” If they don't call you – don't feel offended! You have done your job by sharing and now it is up to them to make the choice! Don't carry their monkeys on your back!
2. **What can a DSCC do to support their small clubs who have no coaches?**
 - DSCC could organise roving clinics to visit a certain number of these clubs once a year or every 2 years and maybe join 2 or more clubs in the general area on 1 day.
 - Don't wait to be asked – offer the services as players & club executives are often ignorant regarding the broad range of development opportunities that coaches can provide.
3. **How to stop a player hanging on to the bowl – releasing too late?**
 - It is probably a timing issue – the easiest way to fix any timing issue, is to break down the delivery movement into individual elements and do one at a time slowly – maybe without the bowl first to build the rhythm – then slowly build up the speed until it is one movement again.
- Using the 10m mat is good for this kind of correction, as there is no task involved – only process, and the player can get used to the process without walking up and down so much (wasting time) and then once the process is there, play up the green (no jack – just same line, comfy swing for weight), then later add a jack (the task).
4. **What can coaches do when the Club Executive are negative towards or unappreciative of coaching? (PN C-2-C)**
 - Assertive communication and education is the key to sell coaching to negative committees – an on-going thing as committees tend to change annually.
 - Ask for time at a monthly meeting to do a short presentation about WHY and WHAT coaches can contribute to the club with management support. PS this sometimes needs to be done with the District Executive & Selectors as well! But as your current District President is a coach, you will surely have a sympathetic ear and representative on your current Executive. ☺
 - Most importantly – **show what you can do** – that is always the best way to earn respect!
5. **What should a coach do about a player who twists the wrist on the back-swing?**
 - The bowl may be too big for the player – check that first.
 - If they are successful (e.g. Wayne Perry who does that because he started playing with bowls too big for his hand, as a child) then let them be! They have mastered that movement. Don't Fix Wot Ain't Broke!!
 - If they are not successful – usually line is all over the place – offer to help, explain WHY, and then it is up to them!
6. **How to ensure that all the coaches at a particular club get an equal opportunity to coach?**
 - There should be an established protocol of how people are allocated new players to coach (the same people should not grab everyone that comes along) with an appropriate match of personalities between coach and player where possible.
 - There should also be an agreed-upon protocol for how various issues are handled (like a player having worked with 1 coach, requests help from a different coach, etc.).
7. **What can clubs do about players who ignore the shoe rule and play wearing footwear that could potentially damage the green?**

- These regulations are in the law-book and Club Executives could make it clear to the members that T/Os have the authority, even in tab-in games, to ask a player not to play in unacceptable footwear in future (usually a warning would be enough – if not, the Executive could decide not to accept that person's tab the next time? Need to be friendly first though, with a warning! Ultimately, it is up to the Club Executive to determine the rules for their clubs and District Executives for district competitions. (see 2015 Circular 01)
- 8. What can we do about players who shoot from the hip and damage the green every time they deliver?**
- If they can bend, try and convince them of the benefits both to their own bowls as well as the green surface – but if they don't want to change, only a directive from the Executive (change or you cannot play on our greens) will make them do it!
 - Older players may still be able to bend, but lack of confidence in their balance stops them –the player may be able to use a bent-knee, squat, fixed-stance to deliver the bowl. A walking-stick with a rubber base could also help with their confidence and balance.
 - If they cannot bend – try and encourage the player to use a bowling-arm.
 - The Club members would probably have to approve an Executive decision to ban their own club members from shooting from the hip – if the club members don't approve this, then the club would just have to accept the damage caused to the green.
 - PS another bug-bear of green-keepers is players taking their bowls out of their bags and dropping them onto the green from a standing position, instead of placing them on the green! Coaches should remind players about this when they see it happening!! ☺
- 9. What is the effect of standing in the sandy ditch when accessing your bag or writing on the scoreboard? Some players even kneel on the edge of the bank to do this tasks!**
- The primary problem with walking around / standing in the ditch is that sand collects on sole of the shoe (especially in the grooves, but also on smooth soles) and is transferred onto the carefully built green. This badly affects the mower blades, blunting them much quicker than usual and therefore necessitating more frequent changes and sharpening.
 - In addition, after many years of sand being deposited close to the edge of the green, the

soil is affected, turning the edge of the green into a sand-pit rather than an equally well manicured section of the green.

- Another problem is, when you make foot prints in the soft sand, your (team's) toucher landing in the ditch could fall into one of those 'pot-holes', landing the team in a worse position than if there were none!
- The sand can also become compacted, causing the jack / bowl to roll instead of staying where it fell into the ditch – Murphey's Law, it will roll the wrong way for you!

Kneeling on the top corner of the grass banks, especially every time a score is written up, breaks down these carefully tended areas, causing major headaches for the ground-staff – they are very difficult to restore once damaged.

Around & About

2016 Level 1 Courses (to date)

If your district is not planning on running Level 1 course this year, you may like to join a course in a neighbouring district. Contact the relevant NSCC district liaison member for information.

JBA	Jo-burg	29/04/2016 - 02/05/2016
Eden	George	16-17 & 23-24/07/2016
BGN	Pretoria	10-11& 24-25/09/2016
Kingfisher	South Coast	19-22/09-2016
EP	Port Alfred	7 – 11/11/2016
Sables	Ruimsig	3-4/12 & 10-11/12/2016

NSCC is hoping that more districts will register L1 courses soon, especially after the recent round of T-t-T courses!!

Eden Leads the Way

Eden Bowls ran the first Level A (Assistant Coach) Course in the country – a course mainly aimed at school-affiliated teachers. With extraordinary enthusiasm, 15 teachers and 3 affiliated players embraced the wonderful game and how to coach youth players to play the game.



As a final 'proof of learning', all took on new school players and through their excellent coaching, future stars were born. Trevor Davis

Youth Shows Potential at KZN CoC

A school boy out-bowls his whole section to reach the semi-finals of the KZN Country Champion of Champions tournament.



13 year-old Khanyisile Ntshalintshali from Estcourt Bowling Club, shown with his proud father Vivien, played in

the CoC tournament at Klipbank Bowling Club in September. He astounded everybody by getting to the semi-finals. He out-bowled all his section consisting of many senior men who have bowled longer than this child has been alive.

He was beaten in the semi-final by 21-13. One of our up and coming bowlers. *Well done Khanyisile!!*

Getting into the Bubble

This is a series of 7 articles for coaches to use to help players prepare, especially psychologically to play in different positions in different types of formats. Playing the different positions requires a different mind-set and players need to understand, not only their responsibilities, but also how to think about the position – how to get into the bubble (or zone). This series starts off with 6 articles will focus on the TEAM aspects of PST – psychological skills training – starting with the Lead, which coaches could use to help individual players and / or develop clinics focused on the various Team positions individually and the Team as a whole. The final article will focus on SINGLES aspects of PST. So far only the LEAD, SECOND, THIRD & SKIP articles have been published – extracts of these may be found below CH Dixie & E Davis

01 - Lead

The Lead's first responsibility is to place the mat where the Skip indicates. "It is not the prerogative of the lead to move the mat around at will or vary the length of ends" (Jensen, 2016). Often Skips ignore or forget this tactical responsibility, especially in tabs-in games! If they do, the Lead needs to remind him/her by standing patiently at the 2m mark with the mat in hand until they receive this information from the Skip!

02 - Second

The Second has the toughest task mentally of all a Fours-team players – the Lead plays to an open Jack and the back-rank have seen the head up close before they play. The Second plays 'blind' and has to have complete trust in the Skip in terms of shot selection.

THE LEAD

'Getting into the Zone' Bubble

MY JOB: To Lay the Foundation:

- Walk briskly around the green to get blood flowing, relate the green to one played well on & establish wind direction
- Warm-up delivery-routine (body) and mind (get into the bubble) before the game so as to start contributing from bowl 1
- Learn as much as from trial ends as possible (own and all other bowls – note types)
 - Prepared B4 so play with confidence
 - Strategically placing the Mat
 - Strategically delivering the Jack
- Every bowl delivered with the same delivery-routine – keep it SLOW!
- Remember, so can use same delivery-effort to deliver jack & both bowls:
 - ✓ Ideally one just in front & one just behind jack
 - ✓ If not shot – bowls in head (2nd shot)
- ✓ BUILD the head, not get THE shot! – **a driving lead wastes team bowls!**
 - Trust team-mates, especially the Skip
 - Support 2nd at the mat-end; 3rd & Skip at the head
 - Watch every bowl delivered and contribute to team tactical discussions – if don't know why, think, then ask
 - Play up and down same side of rink – **change sides if not finding it after 4 ends**
 - Rather behind than short

THE 2nd

'Getting into the Zone' Bubble

MY JOB: To Consolidate:

- Walk briskly around the green to get blood flowing, relate the green to one played well on & establish wind direction
- Warm-up delivery-routine (body) and mind (get into the bubble) before the game so as to start contributing from bowl 1
- Learn as much as from trial ends as possible (own and all other bowls – note types)
 - Prepared B4 so play with confidence
- Always wait behind the mat for the Skip to call the shot required to ensure no deviation from delivery-routine and focus – **if decided on own, shot fluffed & bowl wasted!**
 - Draw to position indicated by the Skip on either hand:
 - ✓ Could be a draw to the jack – **no lug bowls**
 - ✓ Could be to draw through the head to trail the jack; wrest a bowl out; touch a front bowl in; etc.
 - ✓ Could be to draw to a particular position away from the jack (building the head)
- Every bowl delivered with the same delivery-routine – keep it SLOW!
 - Trust team-mates, especially the Skip
 - Support Lead at the mat-end; 3rd & Skip at the head
 - Watch every bowl delivered and contribute to team tactical discussions – if you don't know why, think then ask – **never communicate directly to the player on the mat**

The Lead's next responsibility is to deliver the jack, using his/her regular delivery-routine, to within 1m (in terms of length) of where the Skip is standing – the strategic length in terms of the Team's tactics. The PST side of this delivery, is that the Lead needs to practise remembering the effort used in delivering the jack, so that s/he can deliver his/her bowls using exactly the same effort, with the same delivery-routine, to reach the same length as the jack. [...full article in Forum 40]

The Second should never have preconceived ideas of what shot to play, as these thoughts will clutter the mind if the Skip calls for something different. The Second should wait patiently at the back of the mat until the Skip indicates the shot to play – only then should the Second pick up the bowl in commencement of the delivery-routine. As Jensen (2016) describes, "The second must be a versatile player for defense, attack or recovery with the ability to

- Draw on either hand to the jack or to a position designated by the skip,
- Be able to play on-shots to trail the jack to designated lengths, [...full article in Forum 41]

03 - Third

The Third is the link between the Front-Rank and the Skip, providing support for both – the 2IC role in the team (2nd In Command©). This means that the Third needs to be able to play a number of roles for the team, while still being able to play all the different types of shots – a tough ask mentally,

THE 3rd

'Getting into the Zone' Bubble

MY JOB: To Provide Tactical Support through application of Technical & Psychological Skills:

- Walk briskly around the green to get blood flowing, relate the green to one played well on & establish wind direction
- Warm-up delivery-routine (body) and mind (get into the bubble) before the game so as to start contributing from bowl 1
- Learn as much as from trial ends as possible (own and all other bowls)
 - Note types of bowls used by own team & opposition
 - Prepared B4 so play with confidence
- Every bowl delivered with the same delivery-routine – keep it SLOW!
 - Draw to position indicated by the Skip on either hand:
 - ✓ Could be a draw to the jack in the centre, to the side or in the ditch
 - ✓ Could be a draw through the head to trail the jack; wrest a bowl out; touch a front bowl in; etc.
 - ✓ Could be to draw strongly through the head (medium drive) to open it up to allow the Skip to draw
 - ✓ Could be to draw to a particular position away from the jack
 - ✓ On limited occasions, could be required to drive
 - Trust team-mates, especially the Skip
- Support Lead, 2nd & especially the Skip at the head
- Watch every bowl delivered, shrewd at reading the head and contribute to team tactical decisions
 - Build a complete mental picture of the head to be aware of what to play or call

technically – with good tactical expertise. As Jenson (2016) describes, in addition to being able to play all the shots, other attributes required are:

- *“Must be able to act as the director of the head,*
- *Be able to determine the shot quickly when asked,*
- *Able to indicate the up or down position after the skips bowls comes to rest, full article in Forum 42]*

04 - Skip

The Skip's mental presence sets the tone for the rest of the team's mental state – which is a huge responsibility! If the Skip goes into his/her shell or constantly frowns, this can make the team very jittery and tense, not playing with the relaxed, confident flow needed to perform at their best.

Our Protea Player-Coaches

Ed Note: We would like to include something about our coaches who are also top players around the country – if you are a coach and are achieving in your district, nationally or internationally, please let us know! We want to brag about our coaches!

Susan Nel, an International player of long standing for Bowls SA and a Level 2 coach in Sables, is justifiably very proud of her protégé Danelle du Plooy, aged only 15 and bowls crazy!

Around the time of the last Commonwealth Games in Scotland, Danelle had a project to do at school, in which she had to do an oral presentation about a “living” sports personality and she chose Susan. She took some of Susan's medals, a national shirt

Skips need to act like crazy if they need to, but the importance of creating a positive, confident, relaxed environment for the team is vital for success. Like the Third, the Skip needs to be able to play a number of roles for the team, while still being able

THE SKIP

'Getting into the Zone' Bubble

MY JOB: To Build or Save as required:

- Walk briskly around the green to get blood flowing, relate the green to one played well on & establish wind direction
- Warm-up delivery-routine (body) and mind (get into the bubble) before the game so as to start contributing from bowl 1
 - Learn as much as from trial ends as possible
 - Note types of bowls used by own team & opposition
 - Prepared B4 so play with confidence
- Every bowl delivered with the same delivery-routine – keep it SLOW!
 - Draw to position in the head on either hand:
 - ✓ Could be a draw to the jack in the centre, to the side or in the ditch
 - ✓ Could be a draw through the head to trail the jack; wrest a bowl out; touch a front bowl in; etc. (rather up, never short)
 - ✓ Could be to draw strongly through the head (medium drive) to open it up to allow the draw with the 2nd bowl
 - ✓ Could be to draw to a particular position away from the jack
 - ✓ On limited occasions, could be required to drive
 - Be Loyal to & trust team-mates, keeping the Third in the loop
 - Watch every bowl delivered to lead the team in tactical decision-making & discussions – if not 100% sure, discuss
 - Build a complete mental picture of the head to be aware of what to play or call
 - Give accurate distance information
 - Be decisive with tactical, % shot-calling – **not do this OR that!**

to play all the different types of shots with good tactical expertise – an even tougher task mentally & technically as the buck stops with the Skip, whereas the Third has the Skip as back-up. As Jenson (2016) describes, the duty of the Skip is “To build a scoring head using the tactical fundamentals of defence [sic], attack and recovery through the employment of the team member's individual delivery skills to play any of the required shots of the game.” [... full article in Forum 43]

Jensen, M. (2016) *Playing your Part as the Lead* http://www.como.bowls.com.au/customdata/index.cfm?fuseaction=Display_Image_Listing&CategoryId=24030&OrgID=16545 Accessed 2016-04-14.

6Seconds (2013) *Emotional Intelligence Model* <http://www.6seconds.org> Accessed 2013-01-13.

RNSWBA (2016) *Lawn Bowls Playing as a Team* http://assets.imgstg.com/assets/console/document/documents/Playing_As_A_Team1.pdf Accessed 2016-10-12.



Just look at the concentration and well-balanced body-position!

and a bowl to school and, to prepare for the oral presentation, she watched all the games on TV. The games intrigued her so much, she decided that she wanted to try this sport. Susan, who works with Danelle's Gran, started coaching her after returning from Scotland, with Gran being Danelle's greatest support and fan, taking her to practise every Tuesday and to social bowls, etc. Danelle is now a member of Rustenburg Impala Bowls Club and represented Sables B U19 team at the recent Bloemfontein U19 and U25 Championships, where the team won Bronze. Go Danelle & Coach Susan!

Around & About

2016 Level 1 Courses (to date)

If your district is not planning on running Level 1 course this year, you may like to join a course in a neighbouring district. Contact the relevant NSCC district liaison member for information.

JBA	Jo-burg	29/04/2016 - 02/05/2016
Eden	George	16-17 & 23-24/07/2016
Boland	Swellendam	6-7 & 20-21/08/2016
Kingfisher	South Coast	19-22/09-2016

NSCC is hoping that more districts will register L1 courses soon, especially after the recent round of T-t-T courses!!

Eden Leads the Way

Eden Bowls ran the first Level A (Assistant Coach) Course in the country – a course mainly aimed at school-affiliated teachers. With extraordinary enthusiasm, 15 teachers and 3 affiliated players embraced the wonderful game and how to coach youth players to play the game.

As a final 'proof of learning', all took on new school players and through their excellent coaching, future stars were born.

Trevor Davis

See NSC M&M's newsletter *Get it Rolling 01* for more.

EKB Coaches' Meat & Greet

The EKB DSCC held their first "Meat & Greet" on the 10th April at Delville Germiston BC, where

coaches enjoyed a braai and wonderful hospitality from the members.

The idea was to introduce and welcome our new coaches to our coaching community and re-new old friendships. We played a "tournament" of Last Man Standing and this was won by Marius van Kuijeren, with Jenny Jones as runner-up. The knock-out was won by Greg Estmann. Well done to all.

There was also a "Challenge" match between the Junior Managers and Delville. The Managers won convincingly 8 – 4 and won the challenge. The proceeds went to the "Junior Development" program. Brian and Paula Harley donated a further R1000.00 making the prize a total of R3000.00 for the Junior Development program. *Pat Roussouw*

2016 JBA Level 1 Course

There were 12 candidates on the course, the largest group to attend a course in JBA for a number of years. We had an even split between male and female candidates.

Of particular note are the two youngsters who attended and acquitted themselves very creditably. Both Ryan Hoffman and Trent Turner will make very good coaches. In fact both came through the Post Course Project with flying colours.

One man travelled all the way from Springs to be on the course. Well done Tony.

John Busschau

[many more snippets in the full newsletters]

[Coaches Info](#) shared space (click on link)

NOTE: to access the space, create a Google account first, then sign-in

Email additions for shared space to
dixie@nmmu.ac.za

Coaches Forum is the official publication of Bowls SA's NSCC

Please email your stories to
johnjill@telkomsa.net

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CH Dixie (Dix)	Boland, Border, Eden, WP	082 220 3707	dixie@nmmu.ac.za
Graham Mackenzie	BGN, EKB, Mpumalanga, Limpopo	082 948 9262	~
Susanna van Niekerk	N Cape, NFS, SFS, EP	082 926 7078	susannavn@telkomsa.net

Strong DSC for coaching required CH Dixie, Port Elizabeth

Just as each district requires a strong executive committee to play a leadership role in the various affairs needed to keep the district functioning, advance and grow; each district also requires a strong district standing committee for coaching – DSCC – to manage and grow the business of coaching.

DSCC needs to be a team of qualified coaches – the more experienced they are the better, but this is not vital, especially for a district which is attempting to establish a working DSCC. It is vital though for each DSCC to have among members good administrative and organising skills.

DSCCs need to cover three areas of tasks: administration, coach development and of course, the *raison d'être* of a coach, player development.



Starting with *Coach Development* – this requires:

- Organising training and post-course mentoring of teachers (and interested club members who want to try out the coaching world) identified by DSC Membership & Marketing through the *Schools Project*. Note that it is the Teachers who will run the weekly practice sessions with their learners, not the club coaches' responsibility. It is the responsibility of DSCM&M (in collaboration with the district's competition secretary) to develop and run fun and / or competitive opportunities for the youth. The best players should be part of District U-15 & U-20 Squads for training, selection and participation at National competitions, under the leadership of the executive-appointed U-15 & U-20 head coaches and their coaching teams.
- Organising the training and qualification of new Level 1 coaches at clubs all over the district. Each club should have a minimum of two coaches to handle the workload – especially as coaching tasks are far broader than merely introducing new players to the game!
- Coaches need continuous professional development (CPD) to remain current, grow their knowledge and network to learn from each other. DSCCs need to organise such events regularly (at least annually!) and link in to other coach development events organised by sporting bodies – e.g. provincial sports council and provincial coaching commission.

DSCC members, working with coaches around the district, are probably in the best position to advise the district executive and NSCC on coaches suitable for upgrading to Levels 2 & and identifying suitable

candidates to join the district's facilitation team by attending NSCC's Train-the-Trainer course (held every 2 years).

The NSCC-qualified facilitation team (minimum 6 per district) should actually handle most, if not all, of the above tasks, under management of DSCC. Coaches who are good at training other coaches do not necessarily want to serve on the committee, but would be more than willing to assist at *coach development* events.

There is a lot of controversy around *player development*, other than looking after new-players, all over the country. When you think about it, this is quite bizarre, as every single other sport on the planet requires coaching to assist players reach the top level and stay there! However, instead of Bowls Coaches banging their heads against a brick wall and loudly declaring their woes about being excluded from the interdistrict squads, by the executive, selectors and / or players. There is so much coaches can do with all the other 99% of players in each district! DSCCs are best placed to organise and coordinate these opportunities:

- *Club Clinics*: Not all clubs have the capacity to run clinics for their players on a variety of topics related to technical, psychological, tactical, physical and life skills. The clubs request DSCC to send experts in the goal-related field to help their players – the variety for these clinics is endless!
- *Elite/Hungry Player Academies*: Whether at district, zone or club level – coaches have the opportunity to run regular (weekly) talent-development sessions for those players who are hungry to achieve competitive success. The honour of coaching a player from nowhere to club, district and maybe even national colours is open to each and every coach in the country!
- *Assist Appointed District Coach*: The district executive will make decisions regarding the appointment of a district coach – *the job, not the level 2 qualification!* – & head coaches for the various district squads. However, these district-level coaches may require assistance to effectively do periodised talent-development in zones and at clubs with their squad players – this is where the organisational skills of a strong DSCC can provide support.

DSCC members themselves may not be the best coaches in the district to take the lead in these coaching tasks. DSCCs should have an established team of coaches who can be called upon as and when necessary.

In conclusion, there are many *liaison tasks* related to coaching, working with NSCC and the National Academy, in addition to collaboration with the district executive and their other standing committees.

To district executives: Please make sure that you have a strong DSCC in place to manage all these tasks – 1 voluntary coach, without doubt, cannot handle the job alone – a team of coaches, with individual portfolios, is absolutely necessary.



BOWLS SA ROUNDUP

McARDLE RE-ELECTED



Rudi Jacobs



Trish Young



John McArdle

Guernsey's Gary Collins has won a seat on the World Bowls board after an election for the vacant Europe Region post in which he was one of three candidates. An international competitor, senior Bowls Guernsey official and leading sports administrator within the Channel Islands, he brings a wealth of corporate and local government experience to his new role as Regional Director for Europe; including British Isles. His appointment will be ratified and begin on December 5 at the World Bowls Biennial Council Meeting in Christchurch, New Zealand. Similarly, fellow Regional Directors (Asia and Oceania) Karen Murphy and John McArdle (Africa and the Americas) will also begin their next two-year terms. Australian Murphy was re-elected unopposed as was South Africa-based John McArdle.

RUDI & TRISH FLY THE FLAG

Proteas Rudi Jacobs and Trish Young leave for Coolangatta, Australia on November 11 for the World Singles Champion of Champions at Helensvale, Queensland Gold Coast. Competition runs from 1-20 November. Both represent South Africa after winning SA Open Singles titles last year. Young won in Port Elizabeth having played Nici Neal (Sables) in a semi-final and Linda Stringer of Constantia, WP in the final. This is Young's (formerly Steyn) second time in the event, having played in the inaugural tournament at Moama, New South Wales in 2003, after winning the SA

Singles at Durbanville. She is staying on in Australia as her sister is flying out from the UK. They meet up in Brisbane, hire a car and then make their way down to Sydney via the Pacific Highway stopping off at interesting places all the way.

Rudi won his place at Edenvale, hosted by Ekuhuleni Bowls after defeating fellow international Thinus Oelofse (Brakpan Mines). We wish them a safe trip and good luck. Jacobs and Oelofse will represent SA at World Bowls in New Zealand at the end of November.



Gary Collins



FEES WAIVED

In terms of two motions adopted at the last AGM, pupils and members aged 90 by 1st January are exempt from Bowls SA affiliation fees.

AFFILIATION FEES

• January	R200.00	• May	R133.30	• September	R66.65
• February	R183.35	• June	R116.70	• October	R50.00
• March	R166.65	• July	R100.00	• November	R33.35
• April	R150.00	• August	R83.35	• December	R16.65



BSA CLOSURE DATES

Bowls SA will close over the festive season from 15 December - 9 January 2017.

B DISTRICTS SPONSORED

Perfect Delivery Brokers have extended their sponsorship of Bowls SA for next year.

- Perfect Delivery | Bowls SA Open Inter District Championship 2017
- Perfect Delivery | Bowls SA Senior Inter District Championship 2017
- Perfect Delivery | Bowls SA "B" Inter District Championship 2017.

Districts are encouraged to promote the online Ranking System with their members, administered by Perfect Delivery.

Access to this system can be gained through our website or directly through www.perfectdelivery.co.za



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VENUES FOR 2017

Venues confirmed for 2017 National Tournaments are as follows:

- **Warwick Wealth | Bowls SA Masters**
Johannesburg Bowls Association - Wanderers BC.
- **Perfect Delivery | Bowls SA Open Inter District Championships**
Western Province Bowling Association - Western Province Cricket Club (HQ), Constantia BC, Edgemoed BC and Durbanville BC .

- **Perfect Delivery | Bowls SA Senior Inter District Championships**
Natal Inland Bowls Association - Maritzburg BC (HQ), Maritzburg West BC, Maritzburg Collegians BC and Howick BC.
- **Perfect Delivery | Bowls SA "B" Inter District Championships**
KBA - Riverside Sports BC (HQ), The Bell BC, The Village BC and Scottburgh BC.



VENUES FOR 2018

BSA is pleased to announce the following hosts for forthcoming events in 2018:

- **Warwick Wealth | Bowls SA Masters Championships**
Bowls Gauteng North
- **Perfect Delivery | Bowls SA Open Inter District Championships**
Eden Bowls
- **Perfect Delivery | Bowls SA Senior Inter District Championships**
Port Natal Bowls
- **Bowls SA "B" Inter District Championships**
Johannesburg Bowls Association
- **Bowls SA Mixed Pairs**
Ekurhuleni Bowls

- **Specsavers | Bowls SA Pro10 Pairs** - Port Natal Bowls
- **Warwick | Bowls SA Women's National Championships**
Ekurhuleni Bowls
- **Warwick | Bowls SA Men's National Championships**
Eastern Province Bowls
- **Warwick | Bowls SA U/30 Inter District Championships**
Southern Free State
- **Bowls SA U/15 National Championships**
Southern Free State
- **Bowls SA U/20 National Championships**
Southern Free State

OBITUARIES

BERNARD JONES

It is with great sadness and regret that we advise the passing of Bernard Jones.

He served the Sport of Bowls with distinction as the President of the Southern Transvaal Bowling Association and we appreciate his contribution to our sport.

We extend our condolences to his family and many friends.

PEGGY McLEOD

It is with great sadness and regret that we advise the passing of Peggy McLeod.

She served the sport of bowls with distinction as the President of Eastern Transvaal Women's

Bowling Association and as Vice-President of the South African Women's Bowling Association.



She represented Eastern Transvaal Women's Bowling Association as a player at the Inter-Districts.

We appreciate her contribution to our sport and extend our condolences to her family and many friends.



AMBIDEXTROUS : BIG WORD FOR BEING ABLE TO USE BOTH HANDS EQUALLY WELL



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BLOG THE DAY AWAY!

South Africa's most experienced bowls writer has blogs to which you can address all your thoughts, ideas and gripes ... this time someone WILL notice them.

To leave a comment on Alan Simmonds' blog go to www.warwickbowls.com and see thebowlsblog.com
Articles, information and pictures (jpegs of 250dpi or better) for this newsletter may be sent to twickers@gmail.com

SUPPORT YOUR FACEBOOK PAGE

Please read, "like" and comment on YOUR Facebook page. Bowls South Africa's news, pictures, and information is updated daily. Make it an every day look ... bowls deserves your support.





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